

## Essential Newborn Care

All babies require basic care to help ensure their survival and well-being. These proven, low-cost measures include immediate care at birth as well as care during the first 28 days of life, when neonates are most vulnerable.

In many developing countries, newborns do not receive the attention that helps them to survive and grow healthy. As a consequence, each year, four million newborns die and another four million are stillborn.

## Aims and Objectives

- To enable nurses to manage mother - infant dyad using evidence-based, best practices.
- To bring about an attitudinal change among nursing staff to provide high quality neonatal care by implementing evidence-based practices.

## Why to invest in training of nurses?

Nurses play a key role in providing perinatal-neonatal care. In health facilities, nurses are the first and most often contact with family. They are responsible for:

- ❖ Conducting most newborn deliveries, at times only available skilled attendant at birth.
- ❖ Counseling mothers about breast feeding, advising home care of low birth weight babies and instituting Kangaroo Mother Care.
- ❖ Managing sick babies.
- ❖ Investment for future as a trainer for health worker and change agent for community.



Classroom demonstration



Clinical demonstration

## AIIMS Essential Newborn Nursing Training Module

### Target Audience

Nurses and ANMs working at District Hospitals, First Referral Units, Community Health Centres and Primary Health Centres; and in facilities at private sector. These materials, that incorporate core newborn care competencies, are also relevant for physicians.

### Components

**Learner's Guide** (consists of poster, video, etc)

- Care at birth (1st hour)
- Thermal Protection of newborns
- Kangaroo Mother Care
- Feeding of healthy and LBW babies
- Basic resuscitation
- Common Procedures
- Care of normal, at risk and sick neonates
- Prevention of infection, housekeeping and waste disposal
- Equipment instructions

**Facilitator's Guide** (Details how participants learning can be made joyful experience)



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Module



Poster



Video